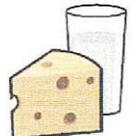
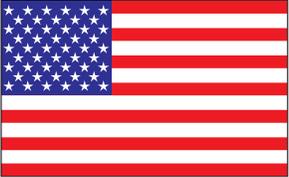




MENU

Week 1 (Summer Menu)

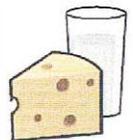


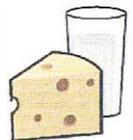
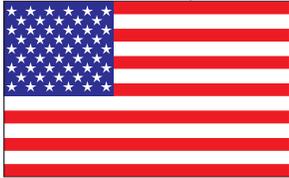
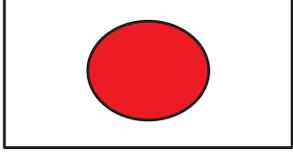
Week 1 (Summer Menu)					
<p><i>Monday</i></p>  <p>Italian</p>	Meat lasagna with Small Pasta Shapes Whole Wheat Garlic Bread Garden Salad/Homemade French Dressing Fresh Veggie Sticks Fresh Fruit Milk	★	★	★ ★ ★	★ ★
<p><i>Tuesday</i></p>  <p>American</p>	Chicken Nuggets(White meat only) Homemade Roast Potatoes Fresh Veggie Sticks Whole Wheat Bread Fresh Fruit Milk	★	★	★ ★ ★	★
<p><i>Wednesday</i></p>  <p>Mexican</p>	Beef Tacos with Soft Tortilla Shells Condiments: Cheese, Salsa, Shredded Lettuce Rice Fresh Veggie Sticks Fresh Fruit Milk	★	★ ★	★ ★ ★	★ ★
<p><i>Thursday</i></p>  <p>Indian</p>	Tandoori Chicken Basmati Rice Pulao with Vegetables Whole Wheat Naan Fresh Veggie Sticks Fresh Fruit Milk	★	★ ★	★ ★ ★	★
<p><i>Friday</i></p>  <p>Italian</p>	Meatball Subs in Whole Wheat Pita Pockets Shredded Cheese Pasta Salad Fresh Veggie Sticks & Dip Fresh Fruit Milk	★	★ ★ ★	★ ★	★ ★



MENU

Week 2 (Summer Menu)

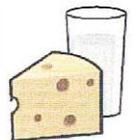


Week 2 (Summer Menu)					
<p><i>Monday</i></p>  <p>China</p>	Chicken Fried Rice with Vegetables Vegetable Egg Rolls Plum Sauce Fresh Veggie Sticks Fresh Fruit Milk	★ ★	★	★ ★ ★ ★	★
<p><i>Tuesday</i></p>  <p>American</p>	Quarter Pounder Hamburgers/Buns Baked Potato Wedges Fresh Veggie Sticks Fresh Fruit Milk	★	★	★ ★ ★	★
<p><i>Wednesday</i></p>  <p>Jamaican</p>	Jerk Chicken Rice & Pigeon Peas Whole Wheat Rolls Fresh Veggie Sticks Fresh Fruit Milk	★	★	★ ★ ★	★
<p><i>Thursday</i></p>  <p>Italian</p>	Pizza Pasta Caesar Salad Whole Grain Bread Fresh Veggie Sticks Fresh Fruit Milk		★ ★	★ ★ ★	★
<p><i>Friday</i></p>  <p>Japanese</p>	Chicken Teriyaki Steamed Jasmine Rice Broccoli, Carrots & Baby Corn Stir Fry Fresh Veggie Sticks Fresh Fruit Milk	★	★	★ ★ ★	★



MENU

Week 3 (Summer Menu)

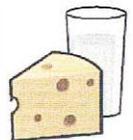


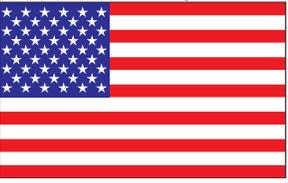
Week 3 (Summer Menu)					
<p><i>Monday</i></p>  <p>Morocco</p>	<p>Moroccan Style Chicken Stew Couscous with Vegetables Fresh Veggie Sticks and Mint Dip Fresh Fruit Milk</p>	★	★★	★★★	★
<p><i>Tuesday</i></p>  <p>Italian</p>	<p>Chicken Meatballs in Tomato Sauce Whole Wheat Penne Pasta Garden Salad Fresh Veggie Sticks Fresh Fruit Milk</p>	★	★	★★★	★
<p><i>Wednesday</i></p>  <p>Greece</p>	<p>Gyros with Whole Wheat Pita Pocket, Tzatziki Sauce Greek Rice Greek Salad Fresh Veggie Sticks Fresh Fruit Milk</p>		★★	★★★	★
<p><i>Thursday</i></p>  <p>Canadian</p>	<p>Roast Chicken Herb & Garlic Baked Potato Halves Whole Wheat Dinner Rolls Fresh Veggie Sticks Fresh Fruit Milk</p>	★	★	★★★	★
<p><i>Friday</i></p>  <p>American</p>	<p>Chicken Burgers(white meat only) Whole Wheat Buns Special Sauce, Shredded Lettuce Coleslaw Fresh Veggie Sticks Fresh Fruit Milk</p>	★	★	★★★	★



MENU

Week 4 (Summer Menu)



Week 4 (Summer Menu)					
<p><i>Monday</i></p>  <p>Canadian</p>	<p>Macaroni and Cheese Rye Bread Fresh Veggie Sticks/Dip Fresh Fruit Milk</p>		★	★ ★ ★	★ ★
<p><i>Tuesday</i></p>  <p>Canadian</p>	<p>Fish Burger (Multi-Grain Breaded Fish Fillet) Tartar Sauce Corn Fresh Veggie Sticks Fresh Fruit Milk</p>	★	★	★ ★ ★ ★	★
<p><i>Wednesday</i></p>  <p>American</p>	<p>BBQ Chicken Mashed Potatoes-Gravy Multi-Grain Rolls Fresh Veggie Sticks Fresh Fruit Milk</p>	★	★	★ ★ ★	★
<p><i>Thursday</i></p>  <p>Italian</p>	<p>Spaghetti with Meat Sauce Caeser Salad Whole Wheat Crusty Italian Bread Fresh Veggie Sticks Fresh Fruit Milk</p>	★	★ ★	★ ★ ★	★
<p><i>Friday</i></p>  <p>China</p>	<p>Ginger Chicken Cantonese Noodles with Vegetables Fresh Veggie Sticks Fresh Fruit Milk</p>	★	★	★ ★	★ ★